

Resources List

Trauma-Informed Pedagogy

Cole, Susan F., Anne Eisner, Michael Gregory, and Joel Ristuccia. *Helping Traumatized Children Learn*. Boston, MA: Massachusetts Advocates for Children, 2013.

Vulnerability

Brown, Brené. *Daring Greatly: How the Courage to Be Vulnerable Transforms the Way We Live, Love, Parent, and Lead*. New York: Avery, an imprint of Penguin Random House, 2015.

Brown, Brené. *The Power of Vulnerability Teachings on Authenticity, Connection, & Courage*. Sounds True, 2012.

Bradberry, Travis, and Jean Greaves. *Emotional Intelligence 2.0*. San Diego: TalentSmart, 2009.

Culture/Community/Social Psychology

Coyle, Daniel. *The Culture Code*. Random House UK, 2019.

Fiske, Susan T. *Social Beings: Core Motives in Social Psychology*. Hoboken, NJ: John Wiley & Sons, Inc., 2018.

Hay, Julie. *Transactional Analysis for Trainers*. Hertford: Sherwood Publ, 2009.

Parker, Priya. *The Art of Gathering: How We Meet and Why It Matters*. New York: Riverhead Books, 2020.

Neuroscience/Physiology

Jensen, Eric. *Teaching with the Brain in Mind*. 2nd ed. ASCD, 2005.

Levitan, Daniel. *This Is Your Brain on Music: Understanding a Human Obsession*. PENGUIN Books, 2019.

Sacks, Oliver. *Musicophilia*. London: Picador, 2018.

Sienkiewicz, Nicholas D. "The Biochemical Power of Choral Singing." *Choral Journal* 61, no. 3 (October 2020): 20–28. www.acda.org.

Shame

Burgo, Joseph. *Shame: Free Yourself, Find Joy, and Build True Self-Esteem*. Strawberry Hills, New South Wales: ReadHowYouWant, 2018.

Brach, Tara. *Radical Acceptance: Embracing Your Life with the Heart of a Buddha*. New York: Bantam Books, 2004.

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Levinson, Jerrold. "Shame in General and Shame in Music." Essay. In *Musical Concerns: Essays in Philosophy of Music*. Oxford: Oxford University Press, 2018.

Cultural/Emotional Intelligence

Brackett, Marc A. *Permission to Feel: The Power of Emotional Intelligence to Achieve Well-Being and Success*. New York: Celadon Books, 2020.

Bradberry, Travis, and Jean Greaves. *Emotional Intelligence 2.0*. San Diego: TalentSmart, 2009.

Mortiboys, Alan. *Teaching with Emotional Intelligence: A Step by Step Guide for Higher and Further Education Professionals*. London: Routledge, 2012.

Music Performance Anxiety

Coşkun-Şentürk, Gülce, and Okan Cem Çırakoğlu. "How Guilt/Shame Proneness and Coping Styles Are Related to Music Performance Anxiety and Stress Symptoms by Gender." *Psychology of Music* 46, no. 5 (September 2018): 682–98. <https://doi.org/10.1177/0305735617721338>.

Kokotsaki, Dimitra, and Jane W. Davidson. "Investigating Musical Performance Anxiety among Music College Singing Students: A Quantitative Analysis." *Music Education Research* 5, no. 1 (2003): 45–59. <https://doi.org/10.1080/14613800307103>.